



Fifteen Month Preventive Exam

Immunizations

Pentacel (DTaP–Polio–Hib combination) and Prevnar13 (Pneumococcal conjugate vaccine)

Development

Many 15–month–olds are walking, running, and climbing, though some aren't quite ready to walk yet. These are usually children with cautious personalities. Your child should be understanding speech, following simple commands like “Bring me your shoes”; and pointing to some body parts. He should be starting to say some words, too.

Remember, you can help your child's developmental progress by talking to her and by reading to her a lot. Throughout childhood, reading to kids is one of the best things we can do for them. Avoid exposing her to television and be aware of the content of television shows or videos she watches. Any media exposure should be limited to 30 minutes per day.

Diet

Continue to offer him all types of foods. You should avoid hard, small foods like nuts, popcorn, and peanuts that could be choked on. Encourage drinking from cups, mostly water. Get him off the bottle if he isn't already. Try to offer a good variety of foods, but don't worry if he is picky and has a variable appetite. Kids don't grow as fast this year as they did in the first year of life, so they often don't need to eat nearly as much. Stick to your guns if he starts rejecting foods he used to eat well. Continue to give them to him and don't fall into the trap of offering him his favorite foods when he rejects what you've given him. Be sure to brush your child's teeth twice a day, especially before bed.

Click here for our [Medication Dosing Guide](#) to see recommended dosing of acetaminophen and ibuprofen.

CAUTION: KEEP BABY POWDER, HOUSEHOLD CLEANERS, AND SMALL OBJECTS OUT OF YOUR CHILD'S REACH AS ACCIDENTAL INGESTIONS AND ASPIRATIONS MAY OCCUR. KEEP FIREARMS LOCKED UP. BABIES SHOULD NOT BE EXPOSED TO TOBACCO SMOKE. REMEMBER, REAR-FACING CAR SEAT UNTIL 2 YEARS OF AGE. EXAMINE YOUR FLOORS CAREFULLY FOR SMALL OBJECTS THAT MAY BE CHOKING HAZARDS.